

**Kang's Black Belt Academy**  
 18200-C Georgia Ave.  
 Olney, MD 20832  
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 www.kangs.ninja

# Class Schedule Summer 2021



Effective June 14

| Monday<br>A Days - Curriculum | Tuesday                     | Wednesday                                   | Thursday                                    | Friday<br>C Days - Specialty  | Saturday  |
|-------------------------------|-----------------------------|---|---|---|---|
| 4:30 pm<br>Lil' Dragons       | 4:30 pm<br>Kid Tigers       | 4:30 pm<br>Kid Tigers                       | 4:30 pm<br>Lil' Dragons                     | 4:00 pm<br>Lil' Dragons   | 8:00 am<br>Black Belt Fit                       |
| Cleaning                      |                             | Cleaning                                    |   | Cleaning  |   |
| 5:10 pm<br>Kid Tigers         | 5:10 pm<br>Lil' Dragons     | 5:10 pm<br>Lil' Dragons                     | 5:10 pm<br>Kid Tigers                       | 5:00 pm<br>Demo Team  | 9:00 pm<br>Adult TKD<br>In-Studio only          |
| Cleaning                      |                             | Cleaning                                    |   | Cleaning  |   |
| 5:50 pm<br>Beginner TKD       | 5:50 pm<br>Advanced TKD     | 5:50 pm<br>Beginner TKD                     | 5:50 pm<br>Beginner TKD                     | 6:00 pm<br>1st, 3rd, 5th Fridays<br>Demo Team   | 10:00 am<br>Lil' Dragons<br>In-Studio only      |
| Cleaning                      |                             | Cleaning                                    |   | Cleaning  |   |
| 6:30 pm<br>Intermediate TKD   | 6:30 pm<br>Beginner TKD     | 6:30 pm<br>Black Belt Club/<br>Masters Club | 6:30 pm<br>Intermediate TKD                 | 6:00 pm<br>2nd, 4th Fridays<br>ITP Hybrid Class   | 10:40 am<br>Kid Tigers<br>In-Studio only        |
| Cleaning                      |                             | Cleaning                                    |   | Cleaning  |   |
| 7:10 pm<br>Advanced TKD       | 7:10 pm<br>Intermediate TKD | 7:10 pm<br>Intermediate/<br>Advanced TKD    | 7:10 pm<br>Black Belt Club/<br>Masters Club | <b>Formula For Success</b><br>Attend an A Day and a B Day class each week. If you can't get to an A or B Day, come to our C Day on Saturdays to cover your material. All classes are Hybrid In-Studio & Virtual except Saturdays. | 11:20 am<br>TKD Open Workout<br>In-Studio only  |
| Cleaning                      |                             | Cleaning                                    |   |   | Cleaning  |
| 7:50 pm<br>Black Belt/Adult   | 7:50 pm<br>Black Belt/Adult | 7:50 pm<br>Black Belt/Adult                 | 7:50 pm<br>Advanced/Black Belt TKD          |   | 12:00 Noon<br>Sparring Class*<br>In-Studio only |
| Cleaning                      |                             | Cleaning                                    |   | Cleaning  |   |

Beginner TKD: White Belt through Gold Belt  
 Intermediate TKD: Purple Belt through Brown Stripe  
 Advanced/Blackbelt TKD: Brown Belt through Black Belt  
 Black Belt Class: Black Stripe & All Level Black Belts

Lil' Dragons: Ages 3-5 (Pre-School Age)  
 Kid Tigers: Ages 6-8  
 Black Belt Club/Masters Club/ITP: By Invitation  
 \*Sparring Class: Special permission required to attend.

12:40 pm  
Masters Club  
Hybrid Class